

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Tuesday Brunch Every Week from 9-10:30 am Just \$5 and open to everyone of all ages! No Reservations Needed!

Thursday Lunch! Every Thursday at Noon Must be 60 years of age. Cost is \$7 for residents and \$9 non-resident guests. Must call for reservations!

FREE Senior Classes Do Require a Paid Membership

Announcements We think you're pretty special and would like to recognize you on your special day. If you would like us to announce your birthday or an anniversary, please let us know. 440-526-2499



1 Class Instructors: FREE Seniors in Motion - Charlie FREE Armchair Yoga - Mary Pat Mondays Dana Fridays Stretch & Balance - Charlie FREE Tai Chi - Li

3 Blood Pressure - 9 - 11:45 am FREE Armchair Yoga - 10:45-11:45 am Free Tai-Chi - 6:30-7:45pm Handcrafters - 1-3 pm Community Band & Chorus Concert 7:30pm

4 FREE Seniors in Motion - 10:45-11:45 am Brunch -Scrambled eggs, sausage links, potatoes, toast, fresh fruit-yogurt,-granola parfait. Canasta - 1-4 pm Brecksville Errands

5 FREE Stretch & Balance - 10:45-11:15 am Canasta - 12:30-3:00 pm Restaurant Trip: Sokolowski's University Inn-Tremont Pinochle - 1-3 pm

6 FREE Seniors in Motion - 10:45-11:45 am Thursday Lunch: Pasta cavatelli, meatballs, vegetable, garlic butter dinner roll, poke cake. topping. Dominoes - 1-4 pm Bridge After Dark -7-9:45 pm

7 FREE Armchair Yoga - 10:45-11:45 am FREE Tai Chi - 10:45-11:45 am Bridge - 1-4pm Texas Hold 'Em - 10am-Noon Recovery - 10-Noon Mall Trip: Beachwood Mall

8 Parkinson's Dance Class 11:30-12:30

10 Blood Pressure - 9 - 11:45 am FREE Armchair Yoga - 10:45-11:45 am Free Tai-Chi - 6:30-7:45pm Handcrafters - 1-3 pm

11 FREE Seniors in Motion - 10:45-11:45 am Canasta - 1-4 pm Brunch - Strawberry topped stuffed French toast, bacon, scrambled eggs.

12 FREE Stretch & Balance - 10:45-11:15 am Canasta - 12:30-3:00 pm Restaurant Trip: Townhall-Cleveland Pinochle - 1-3 pm Free Pizza and Bingo - Noon Reservations required

13 FREE Seniors in Motion - 10:45-11:45 am Thursday Lunch: Breaded chicken, gravy, rice pilaf, string beans with red pepper strips, cornbread muffin, Hawaiian Cole slaw, chocolate mousse parfait. Dominoes - 1-4 pm Bridge After Dark -7-9:45 pm

14 FREE Armchair Yoga - 10:45-11:45 am FREE Tai Chi - No Class Bridge - 1-4pm Texas Hold 'Em - 10am-Noon Recovery - 10-Noon Brecksville Travelers Trip to the Botanical Gardens

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17 Blood Pressure - 9 - 11:45 am FREE Armchair Yoga - 10:45-11:45 am Free Tai-Chi - 6:30-7:45pm Handcrafters - 1-3 pm

18 FREE Seniors in Motion - 10:45-11:45 am Brunch -Oven roasted smoked sausage with potatoes and cheese, scrambled eggs, rye toast, lettuce & tomato. Canasta - 1-4 pm Brecksville Errands

19 FREE Stretch & Balance - 10:45-11:15 am Restaurant Trip: Sweet Melissa-Rocky River Canasta - 12:30-3:00 pm Pinochle - 1-3 pm

20 FREE Seniors in Motion - 10:45-11:45 am Thursday Lunch: Free! Sponsored by Nosek McCreery! Broccoli-cranberry slaw, lasagna, Italian green beans, ciabatta bread, Napoleon. Dominoes - 1-4 pm Bridge After Dark - 7-9:45 pm Taste of Brecksville 5:30-8:00pm \$25 or \$30 at the door

21 FREE Armchair Yoga - 10:45-11:45 am FREE Tai Chi - 10:45-11:45 am Bridge - 1-4pm Recovery - 10-Noon Texas Hold 'Em - 10am-Noon

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24 31 Blood Pressure - 9 - 11:45 am FREE Armchair Yoga - 10:45-11:45 am Free Tai-Chi - 6:30-7:45pm Handcrafters - 1-3 pm

25 FREE Seniors in Motion - 10:45-11:45 am Brunch - Egg stacker: fried egg, Canadian bacon, cheddar cheese on a potato patty topped with Hollandaise sauce; English muffin, fresh fruit. Canasta - 1-4 pm Brecksville Errands

26 FREE Stretch & Balance - 10:45-11:15 am Restaurant Trip: Guarino's-Murray Hill, Cleveland Canasta - 12:30-3:00 pm Pinochle - 1-3 pm

27 FREE Seniors in Motion - 10:45-11:45 am Thursday Lunch: Lou's kielbasa, sauerkraut, mashed potatoes, gravy, mixed vegetable, applesauce, yellow cake with chocolate frosting.topping. Dominoes - 1-4 pm Bridge After Dark -7-9:45 pm

28 FREE Armchair Yoga - 10:45-11:45 am FREE Tai Chi - 10:45-11:45 am Bridge - 1-4pm Texas Hold 'Em - 10am-Noon Recovery - 10-Noon

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June