

September

Monday



Grab 'n Go and Tuesday Brunch are \$ 5 per person
Must call for reservations!
440-526-2499

Tuesday

Wednesday

Thursday

Friday

Saturday

6
Labor Day
The Center is
Closed for the Day

7
Brunch No Brunch Today
Canasta - 1-3 pm

1 **Free Balance** - 10 am
FREE Seniors in Motion - 10:45-11:45 am
Canasta - 12:30-3:00 pm
Mah Jongg - 9am-Noon
Pinochle - 1-3 pm
Pizza and Bingo - 12 pm
Reservation Required

2
Grab 'n Go: Meatloaf w/ Gravy, Herb Roasted Red Potatoes & Green Beans, and Cinnamon Roll Cake.
Dominoes - 1-3 pm

3
Recovery - 10-Noon
Texas Hold 'Em - 10am-Noon
Bridge - 12:30-4pm
Pinochle - 1-3 pm
Restaurant Trip - Ken Stewart's Lodge - Richfield SOLD OUT

4

13 **Blood Pressure** - 9 - 11:45 am
FREE Senior Yoga - 10:45-11:45 am
Handcrafters - 1-3 pm

14
Canasta - 1-3 pm
Brunch - Berries 'N' Cream Brioche Bread Pudding w/ Berry sauce, Sausage Patty, and Fruit Cocktail.
HS Advisory Board Meeting 3 pm

15 **Free Balance** - 10 am
FREE Seniors in Motion - 10:45-11:45 am
Canasta - 12:30-3:00 pm
Mah Jongg - 9am-Noon
Pinochle - 1-3 pm

16
Grab 'n Go: Lemon Ricotta Pasta, Caesar Salad w/ Garlic Bread, and Almond Poppy Seed Cake.
Dominoes - 1-3 pm

17
Recovery - 10-Noon
Texas Hold 'Em - 10am-Noon
Bridge - 12:30-4pm
Pinochle - 1-3 pm

18
Shredding Day
9 am - Noon at the Service Garage, Habitat for Humanity will be taking donations as well.

20 **Blood Pressure** - 9 - 11:45 am
FREE Senior Yoga - 10:45-11:45 am
Handcrafters - 1-3 pm

21
Canasta - 1-3 pm
Brunch - Croissantwich- (Croissant filled with egg, cheese, diced ham, and green pepper), Bacon, and Diced Peaches.

22 **Free Balance** - 10 am
FREE Seniors in Motion - 10:45-11:45 am
Canasta - 12:30-3:00 pm
Mah Jongg - 9am-Noon
Pinochle - 1-3 pm

23
Grab 'n Go: Chicken Breast w/ a Roasted Tomato Cream Sauce, Cheesy Potato Gratin, and Smores Cake.
Dominoes - 1-3 pm
TOPS Band - 6:30 - 8 pm FREE

24
Recovery - 10-Noon
Texas Hold 'Em - 10am-Noon
Bridge - 12:30-4pm
Pinochle - 1-3 pm
Taste of Italy - Fundraiser dinner for Honor Tree

25
City Wide Garage Sale
8 am-5 pm

27 **Blood Pressure** - 9 - 11:45 am
FREE Senior Yoga - 10:45-11:45 am
Handcrafters - 1-3 pm
Medicare and You - 11 am

28
Canasta - 1-3 pm
Brunch - French Toast, Scrambled Eggs, Bacon, and Diced Pears.

29 **Free Balance** - 10 am
FREE Seniors in Motion - 10:45-11:45 am
Canasta - 12:30-3:00 pm
Mah Jongg - 9am-Noon
Pinochle - 1-3 pm

30
Grab 'n Go: Mild Italian Sausage, Orzo w/ Parmesan & Peppers, and Oreo Cookies 'N' Cream Cake.
Dominoes - 1-3 pm
Natural Gas & Electric Meeting - 6:30 pm, Gathering Room

FREE Senior Classes
Require a Paid Membership

Class Instructors:
FREE Seniors in Motion with Eve
FREE Balance with Jane
FREE Senior Yoga with Alyce